

## Easington Evergreens

The Evergreens is a club whose primary objectives are to encourage social interaction between different age groups over 50 years of age, through trips and social gatherings.

We aim to promote positive mental health, self-esteem and memory and combat loneliness and isolation.

Last year, 2022, the club ran 9 trips which were all charged at £5 per seat as we had just come out of covid measures. We also organised a Christmas party which 60 members attended.

Throughout the winter months we run an arts and crafts club on a Wednesday afternoon.